

Age 1–2

3. Time to Change Diaper

【Diaper Change – Parent-initiated】

【Beginner Level】

Dialogue

Parent: Time to change your diaper.

Parent: Let's go to the changing area.

Parent: Do you want to lie down or stand up?

Parent: Okay, let's take off the diaper.

Parent: Now sit down to put on the new one.

Parent: Stand up—let's pull it up. All done!

Vocabulary

- diaper
- lie down
- stand up
- sit down
- pull up

Tip for Parents

Give your toddler two options—standing or lying down—to help them feel more in control. During diaper changes, use clear action words like “lie down,” “sit,” and “pull up” to help them understand the steps.

【*Advanced Level*】

Dialogue

Parent: I think your diaper needs a change.

Parent: Let's go to the changing spot. Do you want to lie down or stand up?

Parent: Great—let's take it off.

Parent: Now sit down and slide your legs in.

Parent: Stand up so we can pull it all the way up.

Parent: All done! You did it yourself!

Vocabulary

- changing spot
- take it off
- slide your legs in
- pull it up
- you did it

Tip for Parents

Reflect your toddler's growing independence by offering choices and letting them participate. Narrate each action step-by-step so they can learn the routine and body vocabulary naturally.

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【Baby signals they need a change】

【Beginner Level】

Dialogue

Parent: Did you pee?

Parent: Let me check your diaper.

Parent: Yes, it's wet. Let's go change it.

Parent: Can you stand up or lie down for me?

Parent: Sit down now—new diaper coming!

Parent: Good job. All fresh!

Vocabulary

- pee
- check
- stand up
- sit down
- fresh

Tip for Parents

Use real-life transitions to teach action words like “stand up” or “sit down.” Acknowledge their signals and celebrate cooperation to support early body awareness.

【*Advanced Level*】

Dialogue

Parent: Oh, you told me you peed? Thank you!

Parent: Let's go change your diaper, okay?

Parent: Stand still while I take it off.

Parent: Now sit down and step into the new one.

Parent: Stand up so we can pull it up together.

Parent: That was great teamwork!

Vocabulary

- stand still
- take it off
- step in
- pull up
- teamwork

Tip for Parents

When your toddler tells you they need a change, respond with praise.

Describe each movement clearly and gently—"stand still," "step in," "pull up"—to support motor and language development.

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【Diaper Change while Potty Training】

【*Beginner Level*】

Dialogue

Parent: Let's sit on the potty first.

Parent: We'll try just for one minute, okay?

Parent: All done? That's okay. Now let's change your diaper.

Parent: Sit down so I can put on the new one.

Parent: Stand up—pull, pull. All set!

Vocabulary

- potty
- sit
- try
- pull
- all set

Tip for Parents

Use diaper change time to build potty habits. Don't pressure your child—just say, “Let's try.” Acknowledge the effort, and move on to a fresh diaper calmly and clearly.

【*Advanced Level*】

Dialogue

Parent: Want to try sitting on the potty before we change your diaper?

Parent: Let's sit for a minute and see if anything comes.

Parent: Not this time? That's okay!

Parent: Now sit down and step into the new diaper.

Parent: Ready? Stand up—let's pull it up.

Parent: Good trying! You're learning so well.

Vocabulary

- try
- anything comes
- not this time
- step into
- learning

Tip for Parents

Normalize the potty process with gentle encouragement. Use this time to explain the steps and let your child feel proud for trying, even when nothing happens. Keep your tone light and confident.

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【Baby already uses a potty】

【*Beginner Level*】

Dialogue

Parent: Let's go use the potty.

Parent: We're going to the bathroom.

Parent: Sit down on the potty.

Parent: Are you done?

Parent: Good job! Let's flush and wash hands.

Vocabulary

- potty
- bathroom
- sit down
- done
- wash hands

Tip for Parents

Make potty time the first routine after waking up. Using consistent, gentle phrases helps your toddler know what comes next. Keep your tone calm and use actions to guide them step by step.

【*Advanced Level*】

Dialogue

Parent: Ready to go potty?

Parent: Let's walk to the bathroom together.

Parent: Sit down and take your time—no rush.

Parent: All done? Great job!

Parent: Can you flush the toilet by yourself?

Parent: Now let's wash your hands together.

Vocabulary

- go potty
- walk to
- take your time
- flush
- by yourself

Tip for Parents

Start building a predictable morning rhythm by connecting waking up with potty time. Encourage independence in small tasks like flushing and handwashing. Praise effort to keep motivation high.

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【Potty Time – Baby asks to use the potty】

【*Beginner Level*】

Dialogue

Parent: You want to use the potty?

Parent: Okay, let's go to the bathroom.

Parent: Sit down on your potty.

Parent: Are you finished?

Parent: Great job! Let's flush and wash hands.

Vocabulary

- want
- potty
- sit down
- finished
- flush

Tip for Parents

When your child initiates potty time, respond quickly and positively.

Repeating their words in full sentences (“You want to use the potty?”) helps reinforce their language and builds confidence.

【*Advanced Level*】

Dialogue

Parent: Oh, you need to go potty? Thanks for telling me!

Parent: Let's go together to the bathroom.

Parent: Can you sit on your potty?

Parent: Take your time. Let me know when you're done.

Parent: Great work! Want to flush the toilet yourself?

Parent: Don't forget to wash those hands!

Vocabulary

- need to go
- thanks for telling me
- take your time
- let me know
- don't forget

Tip for Parents

Celebrate your child's communication by showing appreciation and trust.

Use this moment to expand their vocabulary with phrases like "Thanks for telling me" or "Let me know." These build social and language skills during routine care.

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